

**WELCOME
AT OUR ZIN PARK BOUTIQUE
SPA
<16**

Opening hours

Mineral pool 32°C: 8.00 a.m. - 9.00 p.m.,
open to families from 10.00 a.m. - 2.00 p.m.
Textile-free sauna area: 2.00 p.m. - 9.00 p.m.



In our sauna area you will find a Finnish sauna with a temperature of 90°C and a relative humidity of approx. 15%, a herbal Biosauna with a temperature of 75°C and a humidity of approx. 35%, the saline steam bath with a temperature of 45°C and a relative humidity of approx. 90%, as well as a cold course with freezing rain and ice fountain, the wellness lounge, the relaxation room and access to the garden.

Please note the following information when visiting the sauna area:

- The sauna area is a textile-free zone
- Take a shower before entering the sauna cabin
- Leave the sandals in front of the cabins
- No sweat on the wood – put a towel under your whole body (only at the steam bath you may enter with a specially provided seat pad)
- the use of smartphones, smartwatches, photo cameras, etc. is prohibited
- Cool off and relax after a sauna session
- Compensate the loss of fluids after the sauna

Cardio fitness: 6:00 a.m. - 9:00 p.m.

Beauty/Massage: 9:00 a.m. - 9:00 p.m.



OUR BEAUTY AND WELLNESS OFFER

When you like to book a spa treatment, we kindly ask you to come to the wellness lounge at -1, about 10 minutes before the start of the treatment, showered and dressed in a bathrobe.

SPA packages cannot be divided among several people.
The treatments of the packages cannot be changed.
If you cancel less than 24 hours before the booked date, we reserve the right to charge the full costs.

We kindly ask you to inform us about pregnancy in the moment of booking, as well as your week of pregnancy. If there are present other relevant illnesses or pain, we also ask you to notify us in advance.

Treatments with the following symbol are suitable in pregnancy.



The following symbol indicates the intensity of the treatment.

light



medium



strong



very strong



For information and reservations of the treatments, please contact us directly:

Phone +39 0474 916160

spa@zinpark.com

INDIVIDUAL MASSAGE (full body or partial massage, classic)

Enjoy a massage tailored to your personal needs. Soothing and deeply relaxing.

30 min. -50,00 € 60 min. – 85,00 € 90 min. – 125,00 €

SPORTS MASSAGE



An invigorating, deep-acting massage for the targeted relaxation of stressed muscles. Tailor-made for your needs – for a powerful, relaxed body feeling full of energy.

30 min. – 60,00 € 60 min. – 100,00 €

HEAD AND NECK - STRESS AWAY



This soothing massage focuses on the head, neck and shoulders, relieves stress-related tension. It has a calming, balancing and mentally relieving effect.

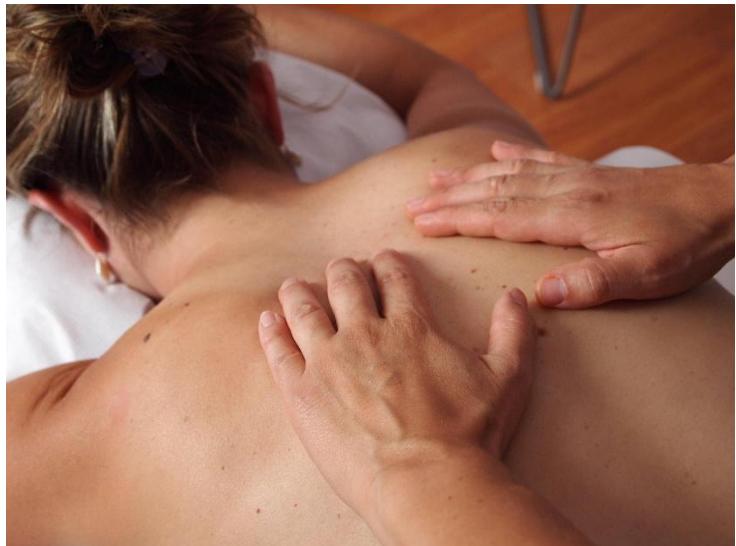
60 min. – 95,00 €

BACK INTENSE



Experience the power of an intense back massage that relieves deep-seated tension and revitalizes your back muscles. Powerful, mindful techniques promote blood circulation and support your nervous system in coming to rest.

60 min. – 95,00 €



TAKE A BREATHE



This special massage helps you to breathe freely and deeply again. Targeted techniques relieve tension in the abdomen, chest and back area, open up the body and create space for more breathing freedom. Feel your breath become lighter with each touch.

60 min. - 95,00€

FOOT ZONE MASSAGE WITH PEELING AND FOOT BATH



Treat your feet to an extraordinary pampering experience: During the foot zone massage, selected reflex zones are gently stimulated to harmonize the flow of energy throughout the body and activate the natural self-healing powers.

60 min. – 85,00 €

MASSAGE FOR THE LYMPHATIC FLOW



With gentle, flowing movements, this massage helps the body to free itself from heaviness. The lymphatic flow is stimulated, the tissue is relieved - ideal for regeneration, detoxification and a new feeling of lightness.

30 min. face – 50,00€ 60 min. legs - 85,00 € 75 min. total body - 95,00 €

HEAVEN AND EARTH



Treat yourself to a special break: This massage combines the invigorating effect of a foot massage with the stress-relieving power of a neck and head massage. Experience soothing relaxation that brings body and mind into harmony and gives you new strength.

60 min. – 90,00 €

ALPINE STONE RITUAL



Immerse yourself in a special massage experience. Warm basalt stones penetrate deep into the muscles, relieve tension and promote blood circulation, while cold marble stones have a refreshing effect on the skin and balance the flow of energy. This special massage experience gives you new energy, deep relaxation and a feeling of inner balance.

70 min.- 120,00 €

MOUNTAIN HERB STAMP MASSAGE



Wrapped in the scent of wild mountain herbs – a journey through alpine nature. The body is gently massaged with steaming, warm stamps made from alpine herbs. Tension is released, blood circulation is stimulated, and the natural aromas pamper your senses. A soothing time-out that brings warmth, fragrance and touch into harmony.

60 min. – 95,00 €

HONEY MASSAGE

With warm honey and special massage techniques on the back, waste products are gently drained out through the skin, blood circulation is stimulated and the immune system is strengthened. This is followed by a soothing full-body massage with honey oil, which leads body and mind into deep relaxation.

60 min. – 90,00 €

SWISS PINE MASSAGE

With the soothing power of the pine sticks, tension is relieved and blood circulation is stimulated. The soothing scent of the stone pine calms the nervous system, promotes inner peace and gives new energy, as well as restful sleep.

60 min. – 90,00 €

LOMI LOMI NUI (two-handed)

LomiLomi Nui is a traditional massage from Hawaii that relieves tension and restores the flow of energy in the body with flowing, rhythmic movements of the hands, forearms and elbows. It promotes deep relaxation, inner balance and strengthens body and mind.

90 min. – 140,00 €

120 min. – 170,00 €

PREGNANCY MASSAGE

Treat yourself to time for two to calm down and recharge your batteries. This loving massage focuses on well-being, security and relaxation. With gentle, harmonious movements, the back, shoulders and legs are loosened - tension is released, breathing becomes calm, and the whole body feeling becomes lighter. A moment just for you – to feel the body, deepen the connection with the baby and feel completely cared for.

30 min. – 50,00 €

60 min. – 90,00 €

90 min. – 135,00 €

ABHYANGA

Abhyanga is a traditional Ayurvedic full body massage with warm, specially formulated Ayurvedic oil. Gentle, flowing movements relieve tension, stimulate blood circulation and intensively care for the skin.

60 min. – 90,00 €

90 min. – 130,00 €

MUKABHYANGA

This gentle Ayurvedic massage of the face, head and neck with warm Ayurvedic oil relieves tension, stimulates blood circulation and makes the skin glow. This massage calms the nervous system, relieves tension in the head and jaw area and gives new freshness from the inside out.

30 min. – 50,00 € 60 min. – 90,00 €

UPANAHA SVEDA

60 min 90€

This soothing Ayurvedic back massage with warm herbal oil followed by a high moor mud pad relieves tension, promotes blood circulation and has a deeply relaxing effect.

PADABHYANGA

Padabhyanga is a traditional Ayurvedic massage for feet and lower legs with warm Ayurvedic oil. It has a relaxing, grounding effect and calms the nervous system. Ideal for inner restlessness, sleep problems or simply as a regenerating break for tired legs and feet.

45 min. - 75,00 €

UDVARTANA

Udvartana is a traditional Ayurvedic full body massage with special, finely ground herbal powders that are applied mixed in oil. The powder is worked into the skin with powerful, rhythmic movements (peeling effect) - this stimulates the metabolism and lymph flow, stimulates the circulation and supports the body in the elimination of waste products.

60 min. including 15 min shower time - 80,00 €

SHIATSU

Shiatsu is a pressure massage according to the Far Eastern tradition, in which targeted thumb and hand pressure is used along the energy pathways (meridians). The treatment promotes the flow of energy, releases blockages and supports the body's natural self-healing power. You lie on a mat on the floor in comfortable clothing.

60 min. (please come in comfortable, elastic clothing)- 100,00€

PREGNANCY SHIATSU

Pregnancy Shiatsu is a gentle, mindful bodywork that accompanies and strengthens expectant mothers on their way. Fine, targeted pressure on energy points as well as calm stretches and handles harmonize the flow of energy and deepen body awareness. You lie on a massage table in comfortable clothes.

60 min. (please come in comfortable, elastic clothing) – 90,00 €

TRADITIONAL THAI MASSAGE

This ancient massage art from Thailand loosens muscles, promotes flexibility and gives new energy. Through targeted pressure on the energy lines (*Sen*) and gentle stretches, the body is relaxed and the natural life energy is harmonized. The traditional Thai massage is performed clothed on a mat on the floor.

75 min. (please come in comfortable, elastic clothing) - 140,00 €

THAI OIL MASSAGE

This soothing massage combines gentle, rhythmic movements with targeted pressure along the energy lines (Sen) of the body. Every movement is a moment of peace, every movement a gentle impulse for body and soul. Deep relaxation and a feeling of lightness arise almost by itself.

60 min. – 90.00 € 90 min. – 135.00 €

THAI FOOT MASSAGE

The Thai foot massage is a relaxing time-out for feet and legs up to the knee. Targeted pressure and massage techniques stimulate blood circulation and improve joint mobility. It is particularly beneficial for tired, swollen or heavy legs - it gives new lightness and noticeable relaxation.

60 min. – 90,00 €

TRADITIONAL THAI MASSAGE FOR PREGNANT WOMEN 



This special form of traditional Thai massage has been lovingly adapted to the needs of expectant mothers. With gentle pressure, flowing movements and mindful stretching, tension is released, blood circulation is promoted and the body feeling is harmonised.

The traditional Thai massage for pregnant women is performed clothed on a mat on the floor.

60 min. (please come in comfortable, elastic clothing) – 110,00 €

PEELING

A soothing peeling frees your skin from dead skin cells and promotes natural regeneration. The blood circulation is stimulated, the skin becomes soft, supple and radiantly fresh. Ideal as preparation for further treatments or simply to feel good.

Herbal Scrub

Sugar Scrub

Aroma Peeling

Coffee Scrub

Coconut Scrub

Brush Peeling

45 min. (including 15 for showering) - 50,00 €



BODY WRAPS

The duration of the treatments always includes the time for taking a shower of 15 minutes.

Fango

Experience deep warmth and soothing relaxation! Our mud pack made of natural mineral mud promotes blood circulation, loosens tense muscles and relieves joint and back pain. Ideal for preparing for a massage or simply to let go and feel good.

45 min.- 50,00 €

Seaweed

Valuable seaweed supplies the skin with minerals and trace elements, promotes detoxification and stimulates the metabolism. The gentle heat supports the absorption of the active ingredients - for smooth, firm skin and an all-round regenerated body feeling.

45 min.- 50,00 €

Blackberry

The rich blackberry pack pampers the skin with valuable antioxidants and vitamins, has an invigorating and vitalising effect. The fruity-sweet scent stimulates the senses - for smooth, supple skin and a feeling of natural freshness and well-being.

30 min.- 45,00 €

Sport

This vitalising heat treatment relaxes stressed muscles and promotes regeneration after sporting activity. Active ingredients that promote blood circulation relieve tension and support muscle metabolism - ideal for preparation or recovery after training.

30 min.- 45,00 €

Deep Care

A rich body care product that pampers the skin and senses. High-quality ingredients provide the skin with intensive moisture, promote regeneration and give it a velvety soft, well-groomed skin feeling. Ideal for dry or stressed skin.

30 min.- 45,00 €

Hay bath

Immerse yourself in the natural power of fresh Berg Hay. The delicate scent of hay, essential oils and nutrients relax muscles, invigorate the skin and give a deep feeling of harmony and inner peace.

40 min.- 60,00 €

OUR WELLNESS PACKAGES

MOUNTAIN MAGIC – 180,00 €

- Herbal peeling (45 min.)
- Swiss pine massage (60 min.)
- Hay bath (40 min.)

SWEET DREAMS – €165.00

- Sugar peeling (45 min.)
- Honey massage (60 min.)
- Blackberry body wrap (30 min.)

ZIN PARK STRESS LESS – 329,00 €

- Thai massage with oil (60 min.)
- Head & Neck Stress Away (60 mins)
- Hair Spa Ritual (60 Min.)
- Mountain herb stamp massage (60 min.)

Sport Vital - 280,00 €

- 3 x sports body wrap with sports massage (60 min. each)

TRAVELLING AROUND THE WORLD – 350,00 €

- Lomi Lomi Nui (90 Min.)
- Traditional Thai massage (75 min.)
- Mukabhyanga (30 mins)
- Hay bath (40 min.)

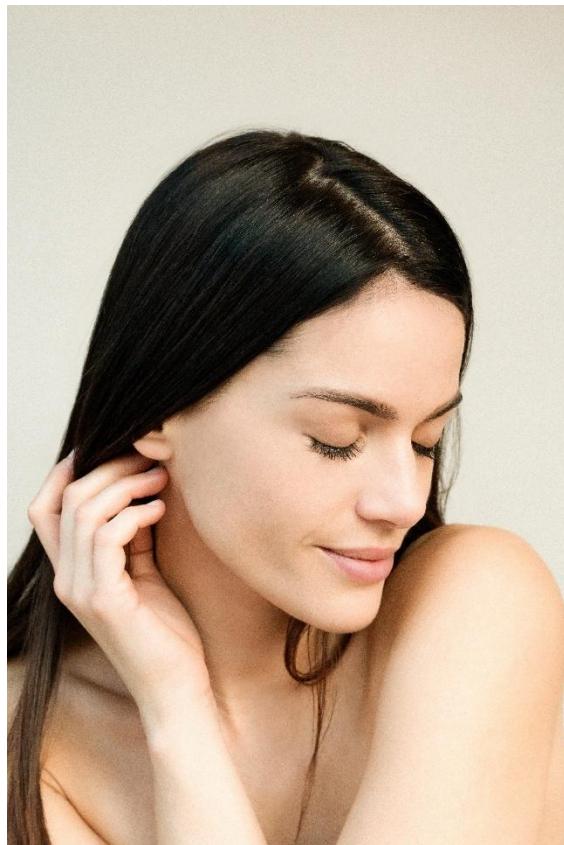
HAWAIIAN EXPERIENCE – €235.00

- Coconut peeling (45 min.)
- Lomi Lomi Nui (120 Min.)
- Grapefruit body wrap (30 min.)

WARMING BREAK – 260,00 €

- Alpine stone ritual (70 min.)
- Take a breath (60 min.)
- Padabhyanga (45 mins)

COSMETICS AND BEAUTY CARE



MANICURE (without polish) 60 min- 60,00 €

PEDICURE (without polish) 60 min.- 60,00 €

NAIL POLISH 15 min. – 10,00 €

DEPILATION

Upper lip / chin / armpit / eyebrows

15 min. each

15,00 €

Arms

30 min. 25,00 €

Back/chest/legs/bikini line

45 min. each 35,00 €



La scelta più naturale

BEAUTY TREATMENTS

with products from MEI



MEI offers exclusive and personalized treatments for a deeply relaxing and rejuvenating experience with a focus on visible results.

MEI: The best Italian herbs since 1988, renowned for their purity and naturalness.

The exclusive treatments and rituals promote the well-being of body and mind, allowing you to achieve complete relaxation, inner balance, and immediate results. Aromatherapy thus becomes a holistic wellness experience for all the senses. The emotions evoked by special essential oils, combined with effective manual techniques, guarantee profound and lasting effects. MEI products are the epitome of Italian cosmetic and herbal artistry and are manufactured according to the highest quality standards using certified officinal plants. Unique.





La scelta più naturale



MEI BOTANICAL DETOXIFYING AND FIRMING BODY TREATMENT WITH GREEN CLAY AND HORSETAIL

A special MEI treatment to eliminate the toxic substances that build up on the skin every day: smog, harmful agents, and much more. Ideal for renewing and detoxifying the skin and feeling instantly toned and regenerated. Made with Botanical Regenerating Peeling for face and body, based on absorbent Green Clay, relaxing Horsetail oil to firm the skin, and completed with the wonderful action of Botanical Body Cream with its deeply hydrating and nourishing properties. The treatment ends with a horsetail herbal tea.

60 min. – 80,00 €

MEI AD+ INTENSIVE BODY TREATMENT – BANDAGES

Bandages are a wellness technique that has been used since ancient times. The special MEI AD+ Bandages are rich in botanical serums that enhance the vasotonic, draining, anti-fatigue, and anti-cellulite effects, thanks to the immediate absorption of their natural active ingredients. For a TONING - DRAINING - REDUCING action.

60 min. – 95,00 €

HEAD SPA - MEI DEEP RELAX & HAIR SPA RITUAL

A ritual dedicated to those who love deep relaxation and hair care.

The welcoming aromatherapy is followed by scalp purification, preparing the skin for the rich applications of jojoba oil and coconut butter, activated with special food-grade essential oils.

A true remise en forme of beauty and well-being that affects the mental sphere, thanks to the benefits of essences, craniosacral massage, and gentle hair treatment.

Indulge in an unparalleled sensorial experience and enjoy the extraordinary results guaranteed by the pure active ingredients created by MEI – the best Italian herbs

60 min.- 85,00 €

HEAD SPA - MEI PURIFYING & REGENERATING HAIR SPA RITUAL

A ritual that purifies the scalp with a special green clay scrub, followed by a warm argan oil mask that is gently massaged throughout the hair. The treatment is enhanced by the sebum-regulating and purifying action of wild sage essential oil, which stimulates circulation, and lavender essential oil, which strengthens and improves the health of skin and hair.

The ritual induces a meditative state of deep relaxation, complemented by an effective action to restore the scalp's protective barrier.

60 min.- 85,00 €



La scelta più naturale



MEI NUTRITIVE FACIAL TREATMENT WITH ESSENTIAL OILS OF TAMANU AND MACADAMIA

A highly effective, nourishing, and revitalizing facial treatment for dry, dehydrated skin. A gentle exfoliation optimally prepares the skin for the concentrated vitamin serum. The delicate, rich cream with macadamia oil and helichrysum extract gives the skin renewed elasticity, intensive care, and a radiant complexion from the very first application.

Recommended for dry, stressed, and dehydrated skin – all year round.

The treatment ends with a refreshing tea „delicious strawberry“

60 min. – 90,00 €

MEI ANTI AGE FACIAL TREATMENT WITH ARGAN OIL AND PLANT-BASED HYALURONIC ACID

A delightful, complete facial treatment with a specific anti-aging effect. The high concentration of active ingredients in the serum-cream combination helps regenerate the skin, providing a real boost of energy and renewed vitality. Thanks to plant-based hyaluronic acid and argan oil, the immediate effect is toned and radiant skin.

The ideal treatment to regenerate the skin and counteract wrinkles. The treatment ends with a herbal tea “Sottobosco”

60 min. – 95,00 €



MEI DETOX FACIAL TREATMENT WITH THYME

A treatment that draws its strength from powerful plant ingredients capable of restoring and visibly improving blemish-prone or combination skin. Exfoliation and a mask are followed by a massage with specific creams, rich in South American thyme extract for purifying, regenerating, and elasticizing effects.

Recommended for all seasons, ideal for men.

The treatment ends with 9 Herbs detox herbal tea.

60 min. – 85,00 €

MEI RADIANT FACIAL TREATMENT WITH PERSIAN ROSE

A complexion like rose petals is the result of this delightful treatment using wild Persian rose buds.

A delicate exfoliant, a sea oil-based lotion, and a precious cream enriched with the purest concentrated Persian rose essential oil, make this treatment surprisingly effective thanks to a massage using avocado, helichrysum, and calendula.

60 min. – 90,00 €